

**STANFORD ATHLETICS  
MEDIA RELATIONS**

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**2009  
STANFORD  
WOMEN'S GYMNASTICS**

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**2009 Schedule and Results**

Date	Opponent	Time/Result
<b>JANUARY...</b>		
2 (Sat.)	at Cancun Classic d. Oregon St., Denver, BYU	3-0
16 (Fri.)	at Seattle Quad Meet d. Washington, Sac. St., Seattle Pacific	3-0
<b>22 (Thu.)</b>	<b>Arizona State (B)</b>	<b>1-0</b>
30 (Fri.)	at Arizona	1-0
<b>FEBRUARY...</b>		
<b>8 (Sun.)</b>	<b>UC Davis (B)</b>	<b>1-0</b>
<b>15 (Sun.)</b>	<b>Oregon State, UC Davis (M)</b>	<b>2-0</b>
22 (Sun.)	at California	1-0
27 (Fri.)	at UC Davis, and San Jose St.	1-1
<b>MARCH...</b>		
6 (Fri.)	at Alabama	5:30 p.m.
<b>21 (Sat.)</b>	<b>Pac-10 Championships (M)</b>	<b>4 p.m.</b>
<b>APRIL...</b>		
4 (Sat.)	NCAA Regionals	TBA
16-18	NCAA Championships	TBA

*All times listed are Pacific*  
(B) Burnham Pavilion  
(M) Maples Pavilion  
**bold** indicates home meet

**SWG Facts****General Information**

**Location:** Stanford, California  
**Enrollment:** 13,198 (6,584 undergraduates)  
**Founded:** 1891  
**Nickname:** Cardinal  
**Colors:** Cardinal and White  
**Conference:** Pacific-10  
**President:** John Hennessy  
**Athletic Director:** Bob Bowlsby

**Coaching Staff**

**Head Coach:** Kristen Smyth, eighth year  
**Career Record:** 133-38-1  
**Assistant Coach:** Chris Swircek, sixth year  
**Assistant Coach:** Mike Lorenzen, fourth year

**Team Information**

**2009 Record:** 13-1  
**2009 Pac-10 Record:** 6-0  
**2009 Ranking:** 3  
**Returning first-team All-Americans:** Kelly Fee, Carly Janiga, Nicole Ourada  
**Newcomers:** 5  
**Home gyms:** Maples Pavilion (5,488), Burnham Pavilion (1,200)  
**NCAA Super Six:** 2002, 2004, 2007, 2008  
**Pac-10 titles:** 1998, 2001, 2004, 2006, 2008

**Top-5 Teams Tangle in Tuscaloosa**

*Stanford gymnasts take on Southeastern Conference power*

**DIXIE DUEL**

Friday, March 6, in Tuscaloosa, Ala.

**No. 3 Stanford (13-1) at No. 5 Alabama (5-5) • 5:30 p.m. PT**

**This Week**

No. 3 Stanford faces its toughest contest of the regular season when it takes on No. 5 Alabama, a perennial power in the Southeastern Conference and the nation. Stanford will have to bounce back from its worst showing of the season, when gymnasts fell early in the meet and the Cardinal was unable to recover in losing to San Jose State. Stanford's score of 193.95 was its lowest in eight meets this season. Alabama is 5-5 and is coming off a week in which it posted its highest team score (197.35) to jump six spots in the national rankings.

**Pac-10 Championships Web Page Now Live**

Championship Central for the Pacific-10 Conference meet to be held at Stanford on March 21 can be found on the Pac-10 Web site at pac-10.org. The site includes ticket information, a rotation schedule, and links to the team pages of each school, as well as roster and results information. Also, directions are provided, as well as information on parking, which may be especially useful in navigating around the considerable construction on campus.

The Web page address: <http://www.pac-10.org/championships/2009-gymnastics.html>

**Pac-10 Tickets on Sale**

Tickets are on sale for the Pacific-10 Conference Women's Gymnastics Championships, which will be held at Stanford's Maples Pavilion on March 21 at 4 p.m. Prices are \$8 for adults, \$5 for students, youths, and seniors, and \$3 each for groups of 10 or more that have pre-ordered. Some rules: Every individual age 3 and above must have a ticket; there are no returns, refunds, or exchanges; tickets will be mailed after March 1; and orders received after March 13 will be available at Will Call (photo ID required). For additional information, call 800-STANFORD or visit gostanford.com.

**On the Net**

There will no live stats or free streaming video from Alabama, though a webcast is available for a fee on rolltide.com. Results will be posted on gostanford.com as soon as they become available.

**First Loss**

Miscues on the opening two rotations put Stanford into a hole it could not climb out of in a loss to unranked San Jose State in a tri-meet at UC Davis on Friday. The Cardinal suffered a blow when Carly Janiga withdrew from the meet after the opening event, in which she scored a 9.875 to win the balance beam. Despite the team loss, Stanford won all four individual events. Nicole Ourada tied the top mark on floor with 9.9. Alyssa Brown and Shelley Alexander matched the event high of 9.85 on vault. And senior Kelly Fee captured the uneven bars with a 9.9, Stanford's only season-best score after the Cardinal had 21 a week earlier at Cal. The loss was the first for Stanford after opening with 12 consecutive victories for the best start in school history.

**Training Technique**

Stanford coach Kristen Smyth trains her athletes to be able to perform under pressure. The loss to San Jose State may have created a need for further training in that area. The day after the loss, Stanford brought in a group of men's volleyball players during a training session to act as hecklers while the Stanford gymnasts performed their routines.

## 2009 Stanford Roster

<b>Name</b>	<b>Ht.</b>	<b>Yr.</b>	<b>Hometown</b>	<b>High School</b>	<b>Club</b>
Shelley Alexander	5-2	So.	Seguin, Texas	Seguin	USA Aerial Gymnastics
Alyssa Brown	5-2	Fr.	Oakville, Ontario, Canada	Abbey Park	Gymnastics Mississauga
Stephanie Carter	5-6	Jr.	Fair Oaks, Calif.	Bella Vista	Byers Gymnastics Center
Kelly Fee	5-1	Sr.	St. Charles, Ill.	St. Charles East	Illinois Gymnastics Institute
Danielle Ikoma	4-11	So.	Naperville, Ill.	Naperville Central	Arena Gymnastics
Allyse Ishino	5-1	Jr.	Santa Ana, Calif.	Foothill	Gliders Gymnastics
Carly Janiga	4-11	Jr.	Paradise Valley, Ariz.	Saguaro	Desert Devils Gymnastics
Catherine Nguyen	5-2	Fr.	Plano, Texas	Spring Creek Academy	World Olympic Gymnastics Academy
Gretchen O'Henley	5-8	So.	Oakland, Calif.	St. Mary's	Head Over Heels
Nicole Ourada	5-2	Sr.	Germantown, Wis.	Germantown	LaFleur's Academy of Gymnastics
Nicole Pechanec	5-5	Fr.	Phillipsburg, N.J.	Keystone National	Aiken Gymnastics/Parkettes National Center
Jenny Peter	5-4	Fr.	Lincoln, Neb.	Lincoln Southeast	Solid Rock Gymnastics
Heather Purnell	5-4	Sr.	Metcalfe, Ontario, Canada	Gloucester	Ottawa Gymnastics Club
Blair Ryland	4-11	Jr.	Woodbridge, Va.	Woodbridge Senior	Capital Gymnastics
Alexandra Skoly	5-4	Fr.	East Greenwich, R.I.	La Salle Academy	Aim High Gymnastics
Tenaya West	5-4	Jr.	Davis, Calif.	Davis	International Gymnastics Centre

### Coaching Staff

**Head Coach:** Kristen Smyth (California '93), eighth season

**Assistant Coaches:** Chris Swireck (San Jose State '93), sixth season; Mike Lorenzen (Maryland '86), fourth season

**Graduate Assistant Coach:** Liz Tricase (Stanford '08), first season; **Student Assistant Coach:** Aimee Rolston (Stanford '08), first season

### SEC Rivalries

This is the fifth consecutive year that Stanford has scheduled a dual meet against a Southeastern Conference school and, so far, the Cardinal is 0-4 in those contests. The SEC is regarded as the nation's strongest gymnastics conference and has six teams ranked among the nation's top 11. This is Stanford's second go-round with Alabama, having faced the Crimson Tide in a home-and-home series in 2005-06, and Georgia in a home-and-home the past two years. Together, those two schools which have combined for 13 NCAA titles.

### Friday's Opponent: Alabama

The Tide is rolling. No. 5 Alabama (5-5) posted its highest score of the season (197.35 against Auburn on Friday) and its highest road score of the year (196.625 at Penn State on Sunday) during a three-day span to move up six spots in the national rankings. Alabama has won four national championships and carries a proud tradition, reflected in the regular five-figure crowds at Coleman Coliseum, where Stanford will have to perform. On Sunday, Alabama was led by freshman Ashley Pries who scored a career-high 39.525 in the all-around and junior Ricki Lebegern who earned a season-high 39.450. It was Lebegern's ninth meet in a row to go all four events and the eighth time she has scored 39.2 or better in the all-around.

### The Alabama Series

The last time Stanford and Alabama met was in last year's NCAA Super Six in Athens, Ga. There, Stanford finished third (196.75) to Alabama's sixth (196.125). During their home-and-home dual-meet series, Alabama won at Stanford in 2005 (197.1-194.975) and in Tuscaloosa in 2006 (196.25-195.85).

### What the Rankings Mean

Unlike other collegiate athletics rankings, gymnastics is not based on wins and losses or votes, but first by season scoring average, and then by a Regional Qualifying Score, which is based on each team's top six regular-season scores. At least three scores must come from away meets. The highest score is then dropped and the remaining five are averaged. The 36 teams with the highest RQS earn NCAA regional berths. Teams must finish among the top two in the regionals to advance to the NCAA team preliminaries, where teams are divided into two six-team sessions. The top three in each session advance to the Super Six, the Final Four of women's gymnastics.

### The Rankings ...

This week's Top 10 team rankings, based on RQS: 1, Georgia 197.035; 2, Utah 196.885; **3, Stanford 196.59**; 4, Florida 196.465; 5, Alabama 196.455; 6, UCLA 196.43; 7, Oklahoma 196.34; 8, Auburn 196.31; 9, Oregon State 196.295; 10, Arkansas 196.29.

### Team Scores in Rankings

In every event, Stanford is among the national leaders in average score. Here is how the Cardinal ranks, and its RQS:

<b>Overall:</b>	3rd, 196.59
<b>Vault:</b>	7th, 49.17
<b>Bars:</b>	4th, 49.255
<b>Beam:</b>	3rd, 49.225
<b>Floor:</b>	8th, 49.115

### Individual Scores in Rankings

Here is how Cardinal individuals rank among the top 20 in each event, based on RQS. Some Stanford gymnasts are not included because they haven't competed in six competitions in a specific event:

<b>Vault:</b>	19th, Shelley Alexander, 9.87
<b>Bars:</b>	4th, Carly Janiga, 9.895 17th (t), Allyse Ishino, 9.86
<b>Beam:</b>	10th, Carly Janiga, 9.875

### Pac-10s Coming to Stanford March 21

Maples Pavilion (gymnastics capacity 5,488) will host the Pac-10 Conference Championships on March 21, at 4 p.m. Stanford is the defending champion and has won three of the past five titles and five overall. This will be the fifth women's gymnastics conference championship meet held at Maples Pavilion and first since 2002. More recently, it was the site of the 2008 NCAA men's gymnastics championships and the 2006 NCAA women's regionals.

### The Stanford Gymnastics Tradition

- Stanford finished third in the nation last season.
- Stanford is among four schools to reach the Super Six in each of the past two years.
- Stanford reached the Super Six four times in the past seven years.
- Stanford is the defending Pac-10 champion and has captured three conference titles in five years.

**SHELLY ALEXANDER****Sophomore • Seguin, Texas**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	9.800	9.750	9.800	9.625	38.975
at Washington	9.900	--	9.825	9.800	--
Arizona State	9.800	--	9.825	9.825	--
at Arizona	9.875	9.650	9.200	9.750	38.475
UC Davis	9.875	--	9.775	9.800	--
Oregon State	9.850	--	9.850	9.850	--
at California	9.900	9.800	9.850	9.850	39.400
at UC Davis	9.850	--	8.300	--	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.900	9.800	9.850	9.850	39.400

**ALYSSA BROWN****Freshman • Oakville, Ontario, Canada**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	9.775	--	--	--	--
at Washington	9.800	9.775	--	--	--
Arizona State	9.775	9.875	--	--	--
at Arizona	9.875	9.750	--	--	--
UC Davis	9.875	9.825	--	--	--
Oregon State	9.800	9.725	--	--	--
at California	9.925	9.875	--	--	--
at UC Davis	9.850	9.825	--	--	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.925	9.875	--	--	--

**STEPHANIE CARTER****Junior • Fair Oaks, Calif.**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	--	--
at UC Davis	--	--	--	--	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	--	--	--	--

**KELLY FEE****Senior • St. Charles, Ill.**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	--	9.825	9.775	9.775	--
at Washington	--	9.825	--	9.800	--
Arizona State	--	9.825	9.250	9.850	--
at Arizona	--	9.775	9.800	9.650	--
UC Davis	--	9.800	9.825	9.775	--
Oregon State	--	9.300	9.725	9.875	--
at California	--	9.850	9.825	9.825	--
at UC Davis	--	9.900	--	9.175	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	9.900	9.825	9.875	--

**DANIELLE IKOMA****Sophomore • Naperville, Ill.**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	9.725	--	8.700	9.800	--
at Washington	9.725	--	9.750	9.700	--
Arizona State	9.750	--	--	--	--
at Arizona	9.800	--	--	9.800	--
UC Davis	9.750	--	--	9.850	--
Oregon State	9.725	--	--	9.800	--
at California	9.850	--	9.825	9.875	--
at UC Davis	9.775	--	9.850	9.800	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.850	--	9.825	9.875	--

**ALLYSE ISHINO****Junior • Santa Ana, Calif.**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	--	9.400	9.825	--	--
at Washington	--	9.900	9.800	--	--
Arizona State	--	9.825	9.825	--	--
at Arizona	--	--	9.250	--	--
UC Davis	--	9.800	9.775	--	--
Oregon State	--	9.900	9.850	--	--
at California	--	9.900	9.900	--	--
at UC Davis	--	9.875	9.425	--	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	9.900	9.900	--	--

**CARLY JANIGA****Junior • Paradise Valley, Ariz.**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	9.825	9.900	9.825	9.725	39.275
at Washington	--	9.875	9.875	--	--
Arizona State	9.800	9.900	9.925	9.850	39.475
at Arizona	9.900	9.900	9.775	9.875	39.450
UC Davis	9.850	9.900	9.875	9.925	39.550
Oregon State	9.800	9.925	9.950	9.800	39.475
at California	--	--	--	--	--
at UC Davis	--	--	9.875	--	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.900	9.925	9.950	9.925	39.550

**CATHERINE NGUYEN****Freshman • Plano, Texas**

<b>Competition</b>	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Floor</b>	<b>AA</b>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	9.425	--	--
at UC Davis	--	--	--	--	--
at Alabama					
Pac-10 Championships					
NCAA Regionals					
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	--	9.425	--	--

**GRETCHEN O'HENLEY**  
**Sophomore • Oakland, Calif.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	9.125	--	--	--	--
at Washington	9.700	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	9.150	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	9.700	--	--	9.150	--

**NICOLE OURADA**  
**Senior • Germantown, Wis.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	--	--	--	--
at Washington	9.800	9.850	9.875	--	--
Arizona State	9.825	9.850	9.925	9.775	39.375
at Arizona	9.875	9.275	9.875	--	--
UC Davis	9.900	9.925	9.875	9.925	39.625
Oregon State	9.800	9.925	9.925	9.850	39.500
at California	--	--	--	--	--
at UC Davis	9.800	9.850	9.225	9.900	38.775
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	9.900	9.925	9.925	9.925	39.625

**NICOLE PECHANEC**  
**Freshman • Phillipsburg, N.J.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	9.775	--	9.675	--
at Washington	--	9.875	--	9.825	--
Arizona State	--	9.300	--	9.775	--
at Arizona	--	9.750	--	9.775	--
UC Davis	--	9.800	--	9.850	--
Oregon State	--	9.800	--	9.875	--
at California	--	9.800	9.900	9.925	--
at UC Davis	--	9.800	--	9.825	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	--	9.875	9.900	9.925	--

**JENNY PETER**  
**Freshman • Lincoln, Neb.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	9.800	9.650	--	--	--
at UC Davis	9.575	9.075	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	9.800	9.650	--	--	--

**HEATHER PURNELL**  
**Senior • Metcalfe, Ontario, Canada**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	9.800	9.850	--	--
at Washington	--	--	9.850	--	--
Arizona State	--	--	9.875	--	--
at Arizona	--	--	9.750	--	--
UC Davis	--	--	9.800	--	--
Oregon State	--	--	9.825	--	--
at California	--	--	--	--	--
at UC Davis	--	--	9.700	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	--	9.800	9.875	--	--

**BLAIR RYLAND**  
**Junior • Woodbridge, Va.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	9.750	--	--	9.500	--
at Washington	9.800	--	--	9.750	--
Arizona State	9.775	--	--	--	--
at Arizona	9.825	--	--	9.750	--
UC Davis	9.850	--	--	--	--
Oregon State	9.850	--	--	--	--
at California	9.825	--	--	9.875	--
at UC Davis	9.800	--	--	8.885	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	9.850	--	--	9.875	--

**ALEXANDRA SKOLY**  
**Freshman • East Greenwich, R.I.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	--	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	--	--	--	--	--

**TENAYA WEST**  
**Sophomore • Davis, Calif.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	9.100	--
Arizona State	--	--	--	9.850	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	--	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
Season Best	--	--	--	9.850	--

2009 STANFORD WOMEN'S GYMNASTICS

TEAM SCHEDULE/RESULTS

(13-1, 6-0 Pac-10)

Date	Opponent	Score	Time/Result
Jan. 2	at Cancun Classic		W, 3-0
	Stanford	195.6	
	Oregon State	194.575	
	Denver	193.825	
	BYU	189.125	
Jan. 16	at Washington, Sacramento State, Seattle Pacific		W, 3-0
	Stanford	196.45	
	Washington	194.25	
	Sacramento State	193.55	
	Seattle Pacific	188.425	
Jan. 22	Arizona State (B)		W, 1-0
	Stanford	196.775	
	Arizona State	194.6	
Jan. 30	at Arizona		W, 1-0
	Stanford	195.575	
	Arizona	195.175	
Feb. 8	UC Davis (B)		W, 1-0
	Stanford	197.1	
	UC Davis	189.35	
Feb. 15	Oregon State, UC Davis (M)		W, 2-0
	Stanford	197.025	
	Oregon State	196.6	
	UC Davis	191.550	
Feb. 22	at California		W, 1-0
	Stanford	197.175	
	California	190.625	
Feb. 27	at UC Davis, San Jose State		W 1, L 1
	San Jose State	194.7	
	Stanford	193.95	
	UC Davis	192.7	
March 6	at Alabama		5:30 p.m.
March 21	Pacific-10 Championships (M)		4 p.m.
April 4	NCAA Regional Championships		TBA
April 16-18	NCAA Championships		TBA

**Bold denotes home meet**

(B) Burnham Pavilion

(M) Maples Pavilion

All times Pacific

INDIVIDUAL SEASON HIGHS

Name	Score	Meet	Date
<b>Vault</b>			
Alyssa Brown	9.925	California	Feb. 22
<b>Uneven Bars</b>			
Nicole Ourada	9.925	UC Davis	Feb. 8
	9.925	Oregon State/UC Davis	Feb. 15
Carly Janiga	9.925	Oregon State/UC Davis	Feb. 15
<b>Balance Beam</b>			
Carly Janiga	9.950	Oregon State/UC Davis	Feb. 15
<b>Floor Exercise</b>			
Carly Janiga	9.925	UC Davis	Feb. 8
Nicole Ourada	9.925	UC Davis	Feb. 8
Nicole Pechanec	9.925	California	Feb. 22
<b>All-Around</b>			
Nicole Ourada	39.625	UC Davis	Feb. 8

TEAM EVENT SCORES

Competition	Vault	Bars	Beam	Floor	Total
at Cancun Classic	48.875	49.050	49.075	48.600	195.600
at Washington	49.025	49.325	49.225	48.875	196.450
Arizona State	48.975	49.275	49.375	49.150	196.775
at Arizona	49.350	48.825	48.450	48.950	195.575
UC Davis	49.350	49.250	49.150	49.350	197.100
Oregon State	49.100	49.275	49.400	49.250	197.025
at California	49.300	49.225	49.300	49.350	197.175
at UC Davis	49.075	49.250	48.075	47.550	193.950
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
NCAA Regionals	--	--	--	--	--
NCAA Preliminaries	--	--	--	--	--
NCAA Finals	--	--	--	--	--
NCAA Individuals	--	--	--	--	--
<b>Season Best</b>	<b>49.350</b>	<b>49.325</b>	<b>49.400</b>	<b>49.350</b>	<b>197.175</b>

TEAM SEASON HIGHS

Score	Meet	Date
<b>Vault</b>		
49.350	Arizona	Jan. 30
<b>Uneven Bars</b>		
49.325	Washington	Jan. 16
<b>Balance Beam</b>		
49.400	Oregon State/UC Davis	Feb. 15
<b>Floor Exercise</b>		
49.350	UC Davis	Feb. 8
	California	Feb. 22
<b>Team Score</b>		
197.175	California	Feb. 22